**Numerology – 2024**

**Universal Number = 8**

**A POWER YEAR**

**A Year of Personal Power, Hidden Power, Manifesting and Gain**

**This year will be about accomplishing specific goals, achievements, and the quality of your journey. This should all be manifested in alignment of your and with integrity. The Universal 8-year will represent a balance of the physical and the spiritual for you. This will allow you to further open up to your gifts and abilities for guidance in what you are working towards in life.**

**The numerology energy for the universal year 8 emphasizes growth, accomplishments, and gains in all aspects of your life. It will be up to you to eliminate any habits, beliefs and barriers that hold you back. The energy will foster your ability to do so this year.**

**The first two digits set the stage for the year, while the last two digits direct that influence in a particular manner. The base number 20, which kicked off in the year 2000 and will remain significant through 2099, carries an energy of opposition from two contending forces with the challenge to find common ground. Yet, the higher spiritual message of the 20 is that we are in this together and not so separate.**

**The number 24 (when added together equals six) is all about peace, harmony, home, and family. It also fosters coming together collectively. So it is important to be patient and reflect on things within your life and where you want positive growth or change. This is a good year to lay the foundation for that. This is so we can move to a more compassionate harmonious existence within ourselves and with one another. There are two number 2’s so duality, balance and harmony will be an underlying theme to move to that direction.**

**Your Personal Year**

We all have a personal year- to determine this take your date of birth Month + Day + 8 (and reduce to a single digit). Example August 23rd is 8 + 2 + 3 + 8 = 21--- then reduce to a single root number 2+1=3- Three would be the personal year number.

Note: This is different than your life path number which is your date of birth Month + Day + Year of Birth.

**1 Personal Year- new beginnings, action, change, new goals**

Focus on: a fresh start, opportunity, rebirth, letting go of old ways, things, people, and investments that are not supporting you, learning a new modality, being bold and courageous -- you are at a crossroads

Guard against: stubborn resistance to change, not being focused, being consciously present and avoiding planning your future

• You will experience a new beginning in some or all areas of your life

• Take the initiative with your ideas and ambitions

• This is an intense period of awakening and change

• Explore bold new directions

• Foster new opportunities

• Embrace what makes you unique

• Create and invent

**2 Personal Year- cooperation, new partnerships (personal and business), balance, patience, peace, germination of seeds planted in 1 Personal Year**

Focus on: relationships, diplomacy, slowing down, meticulous attention to details, correct timing, trusting that your goals are being taken care of, listening, your intuition

Guard against: impatience, division, insecurity that prevents you from making decisions

• Your 2 cycle is bringing you into equilibrium, helping you balance light and dark, so you learn to embrace all of life's experience without judgment

• Listen closely to your inner voice for answers and direction

• You are highly sensitive to energy from people and places

• Trust in the correct timing and be patient

• Foster relationships that bring balance to your life

• Communicate with compassion and sensitivity

• Take time for serenity

• Embrace your inner psychic!

**3 Personal Year- creative self-expression, social connections, sharing feelings, pleasure, beauty, communication**

Focus on: circle of friends, expressing your true inner voice, sharing your gifts, relaxation and having fun, enjoyment of the arts, activities and people that make you feel positive, travel, action, optimism

Guard against: emotional drama, distractions, moodiness, meddling

• Tune into your creativity -- it is being channeled through various sources and expresses itself through you

• Share your feelings openly and with vulnerability

• Take immense joy in nurturing what fulfills you on soul level

• Your imagination is limitless!

• Setting positive intentions consistently attracts many opportunities

• Opportunities are seized with bold action

• Share your soul through writing, speaking, art, dance, or music

• Connect socially with others, especially your "soul family"

• What moves you to tears? Follow that thread.

**4 Personal Year- organization, planning, work, taking care of details, concentration**

Focus on: work, logical deduction, manifesting goals step by step, security, home, perseverance, commitment, patience, planning

Guard against: working too hard, not relaxing, escaping responsibilities

• Dedicate this cycle to making your gifts real and tangible

• You feel secure when you set goals that align with your true values

• Organize your ideas and strategies into a coherent plan

• Work diligently at implementing your ideas to reap rich rewards

• Pay meticulous attention to details

• Your brilliance is grounded in a practical way

• Focus on family and home

**5 Personal Year- flexibility, pivot point, decisions, opportunity, surprises, adventure**

Focus on: change, movement, taking risks, choices, expecting the unexpected, quick decisions, travel, being open, taking a chance, freedom

Guard against: scattered energy, multi-tasking, not following through, restlessness, impatience

• Embrace change as a constant in your life

• Freedom is key for you this cycle, so be as flexible as possible

• Constant movement propels you forward

• The middle of your nine-year cycle symbolizes a shift and a breakthrough

• You are transforming your life by taking risks

• Exploration and claiming your independence bring ultimate fulfillment

• Make big and small decisions quickly, so your energy does not stagnate

• Travel to unknown realms both physically and mentally

• Connect with others and share your ideas

**6 Personal Year- taking on responsibilities, focus on family, home, love, and nurturing others, beauty, intimacy, home business, financial flow**

Focus on: health, home, harmony, compassion, beauty in your environment, helping others, emotional equilibrium, personal growth, connecting to close friends, birthing new opportunities, nurturing your body, mind, and spirit.

Guard against: neglecting your needs, taking on too much responsibility, emotional imbalance, controlling others

• Embrace your responsibilities fully and with joy

• Be open to heal yourself, and you will be a healing influence on others

• Explore empathy and embrace being of loving service

• Your passion for life and compassion for others is expansive

• Focus on financial wellness and wealth

• Make your life and surroundings exquisitely beautiful

• Deal with your health and overall well-being

• Nurture yourself -- you are giving a lot this cycle and must replenish

• Focus on home and family

**7 Personal Year- lightning spiritual insights, intuition, analysis, sudden discoveries, unexpected shifts, self-awareness, sabbatical, rest, awakening**

Focus on: rest and rejuvenation, higher wisdom, learning and taking classes, introspection, slowing down, recognition, honor, spending time in nature, reading books, the unexpected, time alone

Guard against: over-analyzing, over-thinking, worrying, doubting

• Listen and act on your strong intuitive hits

• Think through your plans and implement your brilliant ideas

• Embrace sudden shifts as opportunities for growth

• Your wisdom expands exponentially through deep inner learning and understanding

• Be a bridge between spiritual and material realms

• Realize your intuitions and visions by taking time for retreats and relaxation

• Trust your hunches

• Seek wisdom and truth

• Rest and rejuvenate

**8 Personal Year- money manifestation, leadership, goals, strength, power, vision, energy expended equals rewards**

Focus on: money matters, taking action, balancing the material and spiritual, building strength and confidence to overcome obstacles, prosperity, rewards, honors, ambition

Guard against: being afraid of success, doubting your own power to succeed, your perceived inability to follow through on goals

• This is your year of empowerment

• You are very motivated to manifest and to fulfill your destiny

• You exude confidence in everything you do, think, and envision about your future

• Lead and you will succeed

• A strong focus on abundance impacts the actualization of your vision

• Overcoming obstacles makes you stronger

• The energy you expend enriches you and brings great rewards

**9 Personal Year- completion, culmination, celebration, release, endings, unconditional love, compassionate leadership, wisdom**

Focus on: finishing what you began in the last eight years, being of service, releasing relationships and beliefs that are keeping you stuck in old behaviors, practicing Feng Shui in all aspects of your life, purging, and letting go as your nine-year cycle is coming to an end

Guard against: feeling discouraged and dissipated emotionally, resisting the urge to let go

• Embrace endings and celebrate your successes

• Leading from a place of love creates deep fulfillment

• Release ideas, beliefs, physical possessions, and people that you have outgrown or do not support or uplift you anymore

• Complete all projects by the end of this cycle to reap rewards

• By being a wise example to others, your love instills courage

• Embrace all that life has to offer -- both difficulties and positive developments -- for the greatest abundance

• Letting go of values acquired from others (and mistakenly attributed as your own) opens up miraculous doors

• You have come to the end of a cycle and are making room for a rebirth

New Year, New Light 2023 - TriLuminous